

TORBAY ATHLETIC CLUB

SUPPORTED BY

GOWMANS SOLICITORS, WINNERS 2000 FITNESS LTD,
PRODIRECT RUNNING
PRESENT THE

TORBAY ROYAL REGATTA 10k

Incorporating the DEVON COUNTY CHAMPIONSHIPS

Sunday 22nd August 2010

(Under UK Athletics Rules)

Minimum age 15 – Race Limit 650

Starts 7pm by Pavilion Shopping Centre

Medical support by St John Ambulance

Entry Fee £9.00 - Discounted Entry Fee for EA Competition Licence Holders - £7.00

POSTAL CLOSING DATE 16/08/10– ENTRIES ON THE DAY £2.00 Extra (if not full)

Tee Shirt to all finishers

Certificate of course
accuracy
02/032

Enclose 9in x 6in (C5) SAE for Race Info and Race Number
Ensure correct postage is paid when entering or you will incur a charge.

AWARDS FOR 2010

1ST 3 INDIVIDUALS LADIES + MEN

1ST IN ALL 5 YEAR AGE CATEGORIES

FROM 15 TO 70 DEPENDENT ON ENTRIES

UKA Licence No
2010-1000460

To enter Devon County Championships, if eligible, please tick the box

Surname		First Name	
Address		E Mail Address:	
Post Code		Telephone	
Date of Birth		Male / Female	
TEE SHIRT SMALL MEDIUM LARGE OR X/L	RACE ENQUIRES TO Greg Fine TEL: 01803 328315	Affiliated Club EA Competition Licence Number (If unknown check with your Club Membership Secretary)	

I enclose a fee of £_____ with SAE (payable to TORBAY A C) I declare that I will abide by the rules of UK Athletics;
I am over 15 and agree that the organisers will not be liable for injury, illness, damage, action claim or expenses which may arise in
the consequences of this event. I accept that medical support will be provided by St John Ambulance and I declare that I will not
compete in the event unless I am in good health on race day and I compete at my own risk

Signed

Parent / Guardian to sign for runners under 16

Date

Send to ENTRIES SECRETARY
64 Victoria Park Road, Torquay, TQ1 3QJ